

150km  
throughout  
September  
2020

live  
**fearless**<sup>TM</sup>  
challenge

Be **fearless** your own way



**Register now!**  
Open to all ages!

**FREE registration**

- 1 Join up as a team or as an individual at [www.livefearlesschallenge.com.au](http://www.livefearlesschallenge.com.au)
- 2 Get your family, friends and co-workers to participate and donate
- 3 Get active & complete a total of 150km this September.  
You can run, walk, cycle, swim, workout or mix it up!

Help raise awareness and vital funds for people  
living with **Inflammatory Bowel Disease (IBD)**.

 Crohn's & Colitis  
AUSTRALIA  
*making life more liveable*